



DEVELOPMENTAL DISABILITIES DIVISION

BULLETIN

Winter 2008

<http://www.hawaii.gov/health/disability-services/developmental/current-dddbulletin.pdf>



The mission of the Developmental Disabilities Division is to assure community based supports and services for persons with developmental disabilities through the principles of self-determination and person-centered planning.

Welcome to the Developmental Disabilities Division's (DDD) combined news bulletin with information from Division Administration, Case Management and Information Services Branch, and Disability Supports Branch (Neurotrauma). The DDD news bulletin is a means to communicate Division happenings.

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WINTER 2008
BULLETIN

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QUEST EXPANDED ACCESS PROGRAM

The Department of Human Services' (DHS) Medicaid Program will be moving the elderly (seniors over 65 years of age) and persons with disabilities into the QUEST Expanded Access (QExA) program beginning February 1, 2009.

The QExA program, which provides services under a managed care system,

will be provided through two health plans which were awarded contracts by DHS. Recipients will need to choose which of the two plans they want to enroll in to get their medical care. The two plans are Ohana Health Plan and Evercare QExA and are available on the following islands.

Health Plan	Oahu	Hawaii	Kauai	Maui	Molokai	Lanai
Evercare QExA	•	•	•	•		
Ohana Health Plan	•	•	•	•	•	•

Recipients are required to select one of the plans between October 1, 2008 – December 1, 2008. If the recipient does not select a plan of their choice DHS will assign the recipient to a plan. Recipients will receive a letter notifying them of the plan they will be enrolled in effective February 1, 2009. Once enrolled in a plan, recipients will need to select a primary care provider (PCP) that will be responsible for their overall medical

care. If recipients want to go see a specialist they will need to make the request through their PCP first who will make the referral.

Individuals who are receiving waiver services through the DD/MR Home & Community-based are being required to enroll in one of the two plans. If living on Molokai or Lanai, there is no choice of plan; all recipients will be enrolled into

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Quest Expanded Access Program

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Ohana Health Plan. They will receive their medical care (physician visits, medications (through pharmacies), hospitalizations, specialists, lab tests, etc.) through their QExA plan.

DD case managers will work with health plan personnel (health plan service coordinator) to coordinate and obtain medical services (e.g. authorization for medical equipment or supplies) while continuing to authorize the provision of home &

community-based waiver services.

Services under the DD/MR Home & Community-based waiver program is the only one where waiver services will continue to be provided outside of the QExA plan. The other home & community-based waiver programs (Nursing Home Without Walls, Residential Alternatives Community Care Program, Medically Fragile waiver program, and HIV/AIDS Community Care Program) will no longer exist as distinct programs. The services previously provided under each individual waiver program will be available to all individuals enrolled

in a QExA plan who qualify for the services as determined by the health plans.

If recipients find that they want to change their health plan for any reason (e.g. their PCP is not in the plan's network, their specialist is in the other plan's network, family members enrolled in two separate plans and want to be enrolled in just one plan, etc.) they will have a 90 day grace period to change from one health plan to the other. After the 90 day grace period (February, 2009 – April, 2009) recipients will be given an opportunity to change their plan once a year.

December 23, 2008

OPEN LETTER TO ALL

This year the holiday season is bittersweet. We share gifts with family, co-workers and friends and spread good cheer. It is difficult however to ignore the daily downbeat economic news which has been especially evident over the past two months. As a result the State of Hawaii has lowered our forecasted revenues. This month, the DD Division will learn our budget for the rest of this fiscal year and the next two years.

The past decade has seen remarkable accomplishments for persons with developmental disabilities. We have increased by threefold the number of people receiving services from the Division. During that same time the average expenditure amount for services per person has doubled. The state settled all class action litigation by 2005 ending the practice of waitlisting and completed monitoring. These past few years

saw Hawai'i's economy continue a record expansion, bolstering the quality of life for many of our citizens. All resources were shifted from institutional care to community based care. Our waiver program alone has grown since 1998 from \$17 million in annual expenditures to more than \$107 million serving three times the number of recipients. Unfortunately, that growth in financial resources has ended for the near future.

I will be sending letters to every family asking you to identify which waiver services to reduce. We will follow our law, Hawaii Revised Statute 333F, which requires us to provide services within the limits of our available resources. Over the past few years, families have asked for and received increases to individualized budgets. Over a year ago, restrictions were placed on any

increases to individualized budgets unless needed for health and safety reasons. Medicaid services were required for all that were eligible for these services. Even with these efforts, the overall demand for services has continued to increase and has surpassed the budget allocated to the DDD for this year.

Our Division has reduced staff, frozen many vacant positions, and eliminated travel, conferences and non-essential purchases. While we have reduced administrative costs, it is still necessary to eliminate and reduce service programs. The Partnership for Inclusive Community Living (PICL) program had to be terminated this month. More than 85% of the DDD's expenditures are in the Home and Community Based Waiver program. The "waiver" program will need to

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Open Letter

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be reduced by 15%, but it will survive this reduction with the help of all participants bearing a portion of the load.

We as a community must continue to work together to find meaningful solutions to ease the burden for each other. Together, we are one `ohana and we will continue to strive for the day when these problems are dramatically reduced. The disability community has pulled together in the past and overcome great challenges. We can do this.

For persons with disability and their families, Hawaii truly is still the greatest place on earth. Our values of person centered planning and self-determination have changed lives forever. This is the remarkable result of many people through many years that made vision a reality. I am thankful for the vision of many past leaders like Dr. Angie Conner, who passed away last year. We can still carry the torch of her vision of community based quality care with independence and dignity for persons with developmental disability.

During this holiday season we will

reflect upon our blessings. This time of year spreads joy and compassion as we celebrate with family and friends. As I ask you to share the burden of financial difficulty, I also ask you to seek out others that need an extra hour of natural support and volunteer and share joy. This time of giving and the spirit of the citizens of Hawai'i will overcome this current challenge.

Sincerely,
David F. Fray, *Chief*
Developmental Disabilities Division



*“There may be bugs on some of you mugs
but there ain’t no bugs on me...”*



UKU LIO (Hawaiian for Bed Bug)

Bed bugs are making a notable resurgence. And Hawaii is no exception.

This is primarily due to the decrease in the use of broad spectrum pesticides that kept these pests in check. Also, the increase and speed at which humans can travel assists the spread of these insects as new infestations, and are often the result of these pests “hitch-hiking” on or in luggage, boxes, clothes or furniture.

Biology

UKULIO The most common bed bug, and the only species currently in Hawaii is *Cimex lectularius* L. They are small wingless insects (about 3/8 inch); large enough to easily be seen by the eye. They are oval in shape and flattened in appearance. The life cycle is egg, 5 nymphal stages and the adult. Under normal conditions growth takes 5 to 8 weeks from egg to adult.
Bed bugs feed only on the blood

from mammals and birds. Bed bugs are nocturnal, but may feed during the day in areas with reduced lighting such as theaters when no hosts are present at night. Bedbugs do not live on filth—they live on YOU. They need your blood.

Bed bugs and disease

They are not known to cause diseases in humans. So other than

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Uku Lio

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the itchy bite sites, they are of little medical importance.

Signs

The most common sign is the presence of bites on the body. You may see blood spots on the bed linens and fecal spots from the bug digesting the blood meal. There is also a distinct pungent odor resembling spoiled raw beef and fruit mixed together. Of course, the most obvious sign of finding the bed bugs themselves in the tucks of a

mattress, bed rails and frames or hiding in any crack or crevice. YUCKOO!!!

Prevention

If you travel and notice the signs of bed bugs while staying in hotels, make sure you do not bring them home with you. Inspect your luggage inside and out. Vacuum your luggage when you return and before you store it. Launder your clothing upon return before putting it away. If you purchase used furniture (especially bed room furniture), clean it thoroughly before taking it into your home.

Control

Bed bugs are nocturnal. If you find them use a strong vacuum to remove them. Then use a stiff brush to dislodge the eggs. High temperatures (over 100 degrees F) will kill them. You can put them in a package and leave in the sun for 4 to 8 hours. This should kill them provided the temperature inside the package reaches over 100 degrees F. Commercially available insecticides labeled for bed bugs may also be used—follow the directions.

Good night, sleep tight and don't let the bed bugs bite...

“OF COURSE, PEOPLE WITH DEVELOPMENTAL DISABILITIES CAN WORK!”

In our effort to improve the quality and accessibility of employment supports for persons with developmental disabilities, the Developmental Disabilities Division (DDD) and the Medicaid Infrastructure Grant (MIG) sponsored an employment conference during the week of

December 8th, 2008.

On December 8th–December 11th conferences on employment for direct support workers were held on Maui and the Big Island.

On December 12th, 2008 (Friday) a conference (*‘Opening the Door to*

Employment’) was held for Case Managers and administrators.

For more information on the DDD initiative on employment, contact Calvin Ebesutani at 733-9167 or e-mail: calvin.ebesutani@doh.hawaii.gov.

QUALITY ASSURANCE REVIEWS

Between July and September 2008, staff from the Developmental Disabilities Division and the Department of Human Services conducted joint quality assurance reviews of five (5) current DD/MR waiver providers on Oahu. The goal of the review was to assess the quality and effectiveness of community-based services for participants in the waiver program in accordance with the Centers for Medicare and Medicaid Services (CMS) requirements for the Quality

Framework. Data and information were collected from onsite record reviews, service observations and interviews with direct support workers, service supervisors, participants, and family members. A fiscal review of each provider will be scheduled and a final report will be given to the provider following this review.

This experience provided the Division with the opportunity to

assess, review, and evaluate the performance of five DD/MR waiver providers. Areas of strength and opportunities for improvement were identified. Each provider expressed its commitment and desire to work collaboratively with the Division to improve the quality of services and supports to its participants and family members. It is the intent of the Division to continue this effort as part of its quality management program.

CERTIFIED HOMES NEEDED!

The Department of Health, Certification Section is tasked with making available more housing on the Big Island for people with Developmental Disabilities.

There has been a great effort and push to execute this task. The certification team has made trips to the Big Island to train people who are interested in being foster parents.

The training consists of 12 hours of preparation for becoming a foster parent. The training includes managing finances, keeping records, fire and disaster drills, positive behavior management, keeping up with doctor's appointments,

recognizing signs and symptoms of health problems, incident reports, disaster preparedness and medication management. In addition each potential foster parent will need to pass an English comprehension test.

So far about twelve people (primary providers and substitutes) have been trained which may provide about six new homes. We are very excited about the enthusiastic people who come to class and we plan to provide ongoing support for them to make sure they understand and enjoy their new roles.

In addition, clarification has been received regarding potable water, a

home that has a catchment water system may be certified as an Adult Foster Home if they can show there is a source of potable water other than the catchment water system.

PLEASE -If you know of someone who might be interested in sharing their home and life with an individual with developmental disabilities and in becoming a foster parent, have them call the Certification Unit on Oahu at 808 453 6416.

Mahalo, Sandy Akina, RN for the Certification Section

2008 LEGISLATIVE SESSION

The 2008 Legislative session was a fairly quiet session for the Developmental Disabilities Division (DDD). The DDD did not introduce any new legislation for the Behavioral Health Administration, Department of Health. The following list includes legislation that passed during the session, which may affect the DDD in the future:

**HB 3352 HD2 SD2 CD1 (CCR 145-08) Act 127
RELATING TO AN AUDIT OF THE HAWAII DISABILITY RIGHTS CENTER**
Requires the auditor to perform a financial and management audit of the Hawaii Disability Rights Center. Report to the legislature.

**SCR 37 2008 SD1 (SSCR 2906)
REQUESTING THE LEGISLATIVE REFERENCE BUREAU TO STUDY THE ESTABLISHMENT OF A COMPREHENSIVE VOCATIONAL REHABILITATION CENTER FOR DEAF AND HARD OF HEARING INDIVIDUALS**

**SCR 124 2008 SD1 HD1 (HSCR 1950-08)
REQUESTING THE AUDITOR TO CONDUCT A FINANCIAL AND MANAGEMENT AUDIT OF THE DEPARTMENT OF HUMAN SERVICES
MEDICAID-SPONSORED PROGRAMS**

**SCR 196 2008 SD1 (SSCR 3245)
REQUESTING THE AUDITOR TO ASSESS THE SOCIAL AND FINANCIAL IMPACTS OF REQUIRING HEALTH INSURERS TO PROVIDE COVERAGE FOR THE DIAGNOSIS AND TREATMENT OF AUTISM SPECTRUM DISORDERS**

**SCR 200 2008 SD1 (SSCR 3247)
REQUESTING THE AUDITOR TO CONDUCT A FINANCIAL AND MANAGEMENT AUDIT OF THE HAWAII CENTERS FOR INDEPENDENT LIVING**

WHO'S WHO? AND WHO'S NEW?



Christie Ferreira

Previous employment: The Department of Budget and Finance as a Budget Analyst, and the Department of Accounting and General Services, Information and Communication Services Division as a Management Analyst.

Currently the Developmental Disabilities Division's Public Health Administrative Officer responsible for coordinating administrative functions in the division. Serve as the division's liaison with departmental staff offices, other divisions in the Department of Health, and with the Director's office regarding all division administrative, budgeting, expenditure planning, fiscal and personnel matters.



Jean Luka

Jean Luka is the new supervisor for the CMISB, Contracts and Resource Development section. Formally, she was the Division's Waiver Administrator. Born and raised in Hawaii, Jean has worked with DDD since 2001 and 2007 most recently. Previous to working with DDD, Jean, an Attorney, was with the U.S. Department of Health and Human Services, Administration for Native Americans, as the Director of Program Operations where she was the contracts officer dealing with nationwide contracts. She has experience working with human service delivery systems and diverse populations across the United States, Alaska, and the Pacific Islands. Jean is happy to work with the DDD and wants to help participants access critical services.



Constance Perry, MSW, LSW

Constance Perry moved to Hawaii when she was in high school and attended Roosevelt High School. She received both undergraduate and graduate degrees from the University of Hawaii. The bulk of her background comes from working with Catholic Charities Hawaii where she worked for almost 9 years. During that time, she was a Clinical Intensive Case Manager (CAMHD contract), a Family Counselor (DHS contract) and finally a Parent Consultant overseeing group homes and foster homes with severely emotionally disturbed youths. She also worked for Child and Family Services, PACT, the Sex Abuse Treatment Center, and the Salvation Army Family Treatment Services. Right before coming to work with Developmental Disabilities Division (DDD), she worked with Kuakini Medical Center for a short term.

Currently, she is the East Oahu Section Supervisor for the Case Management Information Services Branch (CMISB) which includes Units 1, 4, 7, and 8.

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Who's Who?

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Michele Tong

Although born and raised on Oahu I went to college and spent many years in California. For several years I worked as a direct service worker assisting people in independent living. Through this position I became involved with the advocacy group People First and their annual conference. Working with California State staff on the conference led to a contracted position as an administrative assistant on the Life Quality Assessment project. Eventually I became a full time program specialist for the State of California. May 2006 I returned to Oahu and worked in a number of different positions before applying for the position of program specialist. Since May 2008 when I started in this position everyone has been very helpful and patient with me while I learn the ropes. Thanks for making me feel so welcome!!!

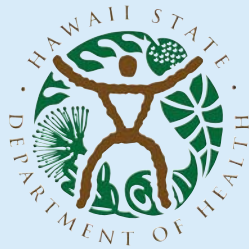


Leslie Tawata

Leslie Tawata comes to us after working with the Department of Human Services' Med-QUEST Division (MQD) for 23 years. While at DHS Leslie worked in several positions. Her first position within DHS was as a case manager with the Nursing Home Without Walls Home & Community-based waiver program.

As a Program Specialist, Leslie worked on the renewal of the 5 home & community-based waivers. As the Acting Branch Administrator of the Community Long Term Care Branch she was responsible for the overall administration and management of the 5 home & community-based waiver programs that included the DD/MR Home & Community-based waiver program.

When Leslie left MQD, she was responsible for the Branch that procured and monitored the QUEST health plans, maintained the Division's agreements with the Department of Health (CAMHD, AMHD, EIS), oversaw the Medicaid Organ Transplant Program, monitored the fiscal agent contract with ACS, and also was responsible for the fee-for-service provider network



NEUROTRAUMA SUPPORTS

Disability Supports Branch
Developmental Disabilities
Division

2201 Waimano Home Road
Pearl City, Hawaii 96782-1474
Telephone: 453-6151
E-mail: ntrauma@doh.hawaii.gov

If you have Microsoft Windows media player, check our website: www.hawaii.gov/health/disability-services/neurotrauma/index.html for videos on-line. Videos that are relevant to survivors of brain, spinal cord injury and stroke will be shown periodically.

For information and resources, or to suggest topics of interest for this newsletter, call the Neurotrauma Helpline at 808-453-6151.



Tom Frazier

WHAT'S HAPPENING?

"Hope blooms through the night"

2008 Neurotrauma Conference

Was held on October 17 & 18, 2008

Ala Moana Hotel, 419 Atkinson Dr., Honolulu, Hawaii

Focus was on the needs of persons with traumatic brain injury, spinal cord injury and stroke. Topics included medical-clinical best practices, education and information and resources.

Brain Injury Association of Hawaii Has Moved Offices!

They are in the Weinberg Building in Iwilei.

420 Kuwili Street, Suite 103

Honolulu, Hawaii 96817

Visitor parking is at the rear entrance. Call Mary Wilson at 791-6942 for hours!

MOLOKAI BOTTLE DIGGING TRIP WITH TOM FRAZIER

My buddy's name is Tom Frazier, a traumatic brain injury (TBI) survivor. Some of you may be familiar with Tom as he enjoys the Neurotrauma Conferences and may have seen him at the various TBI events. He was a good buddy of our friend Hal who has since passed away.

In August of this year, Tom, myself and a few bottle diggers took a trip

to Molokai to pursue our bottle digging interests in the field. Tom was real lucky on this trip as he found the most bottles (see picture) plus we got to attend a graduation party while we were there. He was observed socializing with a lot of the local girls at the party. I don't know what he enjoyed more, finding the bottles or talking story with the girls.

If anyone is interested in the bottle digging or collection as a hobby please call 381-5978 and ask for me, Paul Kanehiro, co-president of the Hawaii Historical Bottle Collectors Club.

*Submitted by Paul Kanehiro,
Consumer Services Office,
Developmental Disabilities Division*



NEUROTRAUMA SUPPORT GROUPS

Kauai Brain Injury Support Group

For meeting dates, times, location and speakers,
contact Suzie at 652-0267 or Sharon at 639-1571

Maui Brain Injury Support Group

3rd Thursday of the month, from 1:00 p.m.
Maui Memorial Hospital
For more information, call Gary at 891-2090

Pacific Brain Injury Support Group Meeting (Kona)

2nd Wednesday of the month, 6:00 to 8:00 p.m.
Hawaiian Rehab. Services
For more information, call Valerie at 329-0591 or
Karen at 328-9498

Spinal Cord Injury Group (Oahu)

1st Thursday of the month, from 2:00 p.m.
Rehabilitation Hospital of the Pacific – Lanai Area
For more information, call Kate at 531-3511 ext. 3791

Stroke Club of Hawaii (Oahu)

1st Tuesday of the month, from 10:00 a.m.
Rehabilitation Hospital of the Pacific – Lanai Area
For more information, call Kate at 531-3511
ext. 3791

Brain Injury Association of Hawaii Meetings (Oahu)

Support Group Meetings

1st Saturday of the month, 1:00 to 3:00 p.m. &
2nd Wednesday of the month, 7:00 to 9:00 p.m.
Rehabilitation Hospital of the Pacific
Wo Conference Room #4

Educational Meetings

3rd Wednesday of the month, 7:00 to 9:00 p.m.
Rehabilitation Hospital of the Pacific
Wo Conference Room #2
For more information, call Lyna at 956-0867

ADVISORY BOARDS

The State Traumatic Brain Injury Advisory Board (STBIAB) held its annual meeting on July 16, 2008 at the Rehabilitation Hospital of the Pacific (RHOP) with members present from the Neighbor Islands. Dr. Nancy Hughes, a Rehabilitation Psychologist at RHOP did a presentation on managing moods after a brain injury through the approach of “Mind Over Mood.” Members decided on three goals for the upcoming year – 1) develop a specific presentation to be made to HPD on TBI; 2) develop means of identifying individuals with TBI; and 3) target a larger group for

awareness and education on brain injury.

The Neurotrauma Advisory Board (NTAB) has just missed achieving quorum in the last two meetings in April and August. A survivor member resigned in June to move out of state to pursue her education. The first of three goals decided at the annual meeting was to attain quorum at each Neurotrauma Advisory Board and Subcommittee meetings. The second goal was to increase Statewide awareness of NT needs, issues, challenges and resources. And the third goal was to collaborate with DOH to create a

Neurotrauma Clubhouse by 1/2009.

The STBIAB meets on the third Friday of odd months at the Capitol Center, 1177 Alakea St., Rm. 302; and Neurotrauma on the fourth Friday, even months, at the Kalanimoku Bldg., 1151 Punchbowl St., Basement, and the State Bldg. in Kapolei on Oahu.

Both meetings can be accessed via the State video conference centers (VCCs) on Maui, Hawaii and Kauai. Meetings are from 1:30 to 4:00 p.m. and open to the public. Call 453-6295 for the specific dates, times or more information.

NEUROTRAUMA SUPPORTS COMMUNITY EVENTS

At the “I Love Liliha” Festival in August Neurotrauma Supports with partners from ThinkFirst Hawaii, Queen’s Medical Center, and Rehabilitation Hospital of the Pacific, passed out keiki safety information on brain and spinal cord injury and fitted and gave away over 150 bicycle and sports helmets.

Neurotrauma Supports along with other service providers participated in the SCI (Spinal Cord Injury) Open House at the REHAB Hospital in September. And at the Seniors’ Fair Expo also in September Neurotrauma Supports and volunteers in partnership with American Heart/Stroke Association

quizzed attendees with simple questions on the risks of stroke and the importance of calling 911. Neurotrauma materials including contact information products and handouts on the types of strokes, risk factors, prevention and statistics were passed out to over 350 people who stopped by.

HO`OIKAIKA - Hawaii Peer Mentoring Project for Persons with Traumatic Brain Injury (TBI)

This new peer mentoring project with the University of Hawaii is funded through the TBI Grant and the DOH Neurotrauma Special Fund.

It allows individuals who are veterans of a TBI experience to help with the adjustment of others new to the experience. The goal is to assist individuals in successfully seeking and using social services. Mentors will assist mentees to develop increased knowledge of support

systems and skills to use these systems.

The project will train mentors and mentees to use a person-center planning approach and practice self-determination to seek, choose and secure needed, individualized services.

To join HO`OIKAIKA either as a mentor or mentee, contact the Pacific Basin Rehabilitation and Research Training Center at 808-

592-5900 or email tbihawaii@gmail.com. Or for more information, you can also call the Neurotrauma Helpline at 453-6151.



GIVING
HELP, HOPE & HEALING



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Linda Lingle, Governor
Chiyome Leinaala Fukino, M.D.,
Director of Health